



NEWS & VIEWS

The Newsletter from Members of First Baptist Church

Published two or three times a year, News & Views is a small piece of church for you to take home. This newsletter is for members, their family, visitors, and friends.

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First Baptist Church, Main Street South, Brampton, Ontario, (905) 451-4681



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Notes from the Pastor's Desk



September 2010

Dear Friends in Christ:

We bring you greetings in the precious name of our Lord. As I sit down to write this letter the fall season is upon us. The weather is turning cooler and wetter. The children have returned to school. The leaves are turning colour and there is that joyful feeling of anticipation as we look ahead to Thanksgiving. I love this time of year. It is a time for new beginnings. After a summer of rest and recreation we are ready to a fresh start at all of our normal responsibilities. There is a lot happening at the church this fall. Sunday School began on the 12th of September at 9:30 AM. There are classes for every age from infant to adult. Come and join us in the discovery of the Word of God. Beginning on October 10th the Sunday School will be offering a youth version of Christianity Explored. This is an exploration of the Christian faith from the point of view of Mark's Gospel. It will be offered during the Sunday School hour for those from pre-youth to young adult. More details can be found on the Church website regarding this program. COL began on the 20th of September with a very special evening. Bible Study meets each Wednesday evening at 7PM. We have been having a wonderful time working through Hebrews 13. Sunday evening at 7PM we are meeting for an informal time of worship. All of these events are wonderful opportunities for us to join together in the worship of God and in growth in His grace. On October 16th and 17th the Outreach Committee will be hosting a fall rally. Please look for details about this event in the bulletin and on the website. We hope that you will be able to join us for each of these events.

For more information on the events and ministries that are happening this fall please call the church office at 905-451-4681, or visit the website at www.firstbaptistbrampton.org. We are adding more material to this website each week so visit us on the web often.

With fall comes the celebration of Thanksgiving as well. This is always a special time of year as we gather together in order to praise God for all of the ways that He has blessed us in this past year. At Thanksgiving we celebrate the bringing in of the harvest. Year after year God graciously gives us what we need. This past year has seen God blessing us in many ways. At Thanksgiving we stop to thank Him for all of His goodness to us. Join us on October 10th at 11:00 AM for a special Thanksgiving Service. This will truly be a special day.

As I close this letter we wish you God's richest blessings in this Thanksgiving season.

Yours in Christ's Service

David West

C.O.L. Chatter



C.O.L. closed out the first half of their ninetieth year with a catered dinner which everyone enjoyed. We started the fall off with a movie night learning about the Bad Girls of the Bible with humorous commentary by Liz Curtis-Higgs. Our October meeting will be an interesting evening of food tasting. November we hope to spend some time on the program provided by Baptist Women Day of Prayer. December brings us to our Christmas dinner and program. We meet the third Monday of each month in the Fellowship Room at 7:30 unless otherwise noted. Newcomers are always welcome and we have already welcomed a new member this fall. Please come and join us in this time of fellowship, fun and food. Have a Blessed Day.

Fran Greenhalgh

Did you know

- The reason you don't laugh when you tickle yourself is because your brain anticipates and disregards your own touch.
- You're more likely to be hungry if you're cold!
- Apple and pear seeds contain arsenic, which is deadly to dogs.
- Every year more monopoly money is printed than real money worldwide!
- Human eyes are the same size from birth but our nose and ears never stop growing.
- A rabbits ears have 3 functions: 1. To hear 2. They enable a rabbit to cool down. 3. Rabbits get their vitamin D by cleaning their ears.
- Any month that starts on a Sunday will have a Friday the 13th in it.

Terrorist Groups Operating In Churches

The latest news reports are that five terrorist groups are operating in churches.

They have been identified as: Bin Sleepin, Bin Arguin, Bin Fightin, Bin Complainin and Bin Missin. Their leader Osama Bin Lucifer, trained these groups to destroy people's faith in Christ. The plan is to come into the church disguised as Christians and to work within the church to discourage, disrupt, and destroy.

However, there have been reports of a sixth group. A tiny cell, known by the name Bin Prayin, is actually the one counter terrorism force in the church. Unlike other terrorist cells, the Bin Prayin team does not blend in with whoever and whatever comes along.

Bin Prayin does whatever is needed to uplift and encourage faith in Jesus Christ. We have noticed that the Bin Prayin cell group has different characteristics than the others. They have Bin Watchin, Bin Waitin, Bin Fastin, and Bin Longin for their Master, Jesus Christ to return.

Which cell do you belong to? No church is exempt. However, you can spot them if you've Bin Lookin.

CHRISTIANITY EXPLORED FOR YOUTH

AGES 13 TO YOUNG ADULT

**CHECK IT OUT. STARTING
SATURDAY OCT 10/10
AT 9:30 AM
AT FIRST BAPTIST CHURCH.
SNACKS WILL BE PROVIDED.**



Marilyn's Musical Notes

Hi Everyone! Where did our wonderful summer go?!! Wasn't the weather fantastic?! The Choir began our summer with the annual lawn sale at the Church. We donated all monies earned to the piano/organ Maintenance Fund. Special thanks to all who contributed goods and to those who donated time to assist us in setting up tables etc.

We were fortunate to have guest soloists Glyn Evans, Richard Lucas and Keisha Nurse during the summer. It was especially great to hear Keisha sing once again as she has been living in England. As well, several choir members offered their musical talents in the singing of solos, duets, quartets etc. Special thanks to all who contributed their voices !!

After a summer break, the choir is now back ! We have begun to rehearse our Christmas Cantata "Light of the World" by Lani Smith which we will be singing on Dec.19th at the morning service The choir is in need of new choir members! The ability to read music is an asset but not a necessity. If interested in joining the choir, please contact me or any choir member. We have welcomed one new choir member this fall, Valerie Henry and we are so pleased to have her join us, Our music selection is very eclectic and ranges from classical, contemporary to gospel. Rehearsals are on Thurs. evenings at 8:00 p.m. Why not come out and give it a try?!! We hope that our musical ministry will inspire you this year and we are looking forward to serving you with this ministry. Until next time.

"Musically Yours"
Marilyn Haynes, Musical Director.

Do what you can
For who you can
With what you have
Wherever you are.

Life Lessons

- ONE.** Give people more than they expect and do it cheerfully.
- TWO ...** Marry a man/woman you love to talk to. As you get older, their conversational skills will be as important as any other.
- THREE.** Don't believe all you hear, spend all you have or sleep all you want.
- FOUR.** When you say, 'I love you,' mean it.
- FIVE.** When you say, 'I'm sorry,' look the person in the eye.
- SIX ...** Be engaged at least six months before you get married.
- SEVEN..** Believe in love at first sight.
- EIGHT.** Never laugh at anyone's dream. People who don't have dreams don't have much.
- NINE .** Love deeply and passionately. You might get hurt but it's the only way to live life completely.
- TEN. .** In disagreements, fight fairly. No name calling.
- ELEVEN.** Don't judge people by their relatives.
- TWELVE.** Talk slowly but think quickly.
- THIRTEEN.** When someone asks you a question you don't want to answer, smile and ask, 'Why do you want to know?'
- FOURTEEN.** Remember that great love and great achievements involve great risk.
- FIFTEEN.** Say 'bless you' when you hear someone sneeze.
- SIXTEEN.** When you lose, don't lose the lesson!
- SEVENTEEN.** Remember the three R's: Respect for self; Respect for others; and responsibility for all your actions.
- EIGHTEEN...** Don't let a little dispute injure a great friendship.
- NINETEEN.** When you realize you've made a mistake, take immediate steps to correct it.
- TWENTY.** Smile when picking up the phone. The caller will hear it in your voice.
- TWENTY-ONE.** Spend some time alone.

SAY A PRAYER

Little Johnny and his family were having Sunday dinner at his Grandmother's house. Everyone was seated around the table as the food was being served. When Little Johnny received his plate, he started eating right away.

'Johnny! Please wait until we say our prayer.' said his mother.

'I don't need to,' the boy replied.

'Of course, you do.' his mother insisted. 'We always say a prayer before eating at our house.'

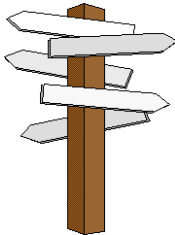
'That's at our house.' Johnny explained. 'But this is Grandma's house and she knows how to cook!'



Meat Loaf

- 1 can cream of mushroom and onion soup
- 2 lbs lean ground beef
- 1/3 cup dry bread crumbs
- ¼ c ketchup
- 2 eggs
- 2 T Worcestershire sauce
- ½ t. dry mustard
- ¼ t. pepper

Combine ½ cup soup with remaining ingredients. Mix thoroughly. Press firmly into a 9 x 5 pan. Bake at 350 for 60 to 70 minutes or until done. Drain liquid. Let stand for 5 to 10 minutes. In a small saucepan, heat remaining soup with 1/3 cup water. Serve over meat loaf. Makes 8 servings.



Signs Seen Outside Churches

There are some questions that can't be answered by Google.

Down in the mouth? Come in for a faith lift.

Let us help you study for your final exams.

Can't sleep? Don't count sheep. Talk to the sheppard.

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 Freephoto.com and
 commons_wikimedia.org

Carrots, Eggs, and Coffee

A carrot, an egg, and a cup of coffee. You will never look at a cup of coffee the same way again.

A young woman went to her mother and told her about her life and how things were so hard for her. She did not know how she was going to make it and wanted to give up. She was tired of fighting and struggling. It seemed as one problem was solved, a new one arose. Her mother took her to the kitchen. She filled three pots with water and placed each on a high fire. Soon the pots came to a boil. In the first she placed carrots, in the second she placed eggs, and in the last she placed ground coffee beans. She let them sit and boil, without saying a word. In about twenty minutes she turned off the burners. She fished the carrots out and placed them in a bowl. She pulled the eggs out and placed them in a bowl. Then she ladled the coffee out and placed it in a bowl. Turning to her daughter, she asked, "Tell me what you see." "Carrots, eggs, and coffee," she replied.

Her mother brought her closer and asked her to feel the carrots. She did and noted that they were soft. The mother then asked the daughter to take an egg and break it. After pulling off the shell, she observed the hard-boiled egg. Finally, the mother asked the daughter to sip the coffee. The daughter smiled, as she tasted its rich aroma. The daughter then asked, "What does it mean, mother?"

Her mother explained that each of these objects had faced the same adversity: boiling water. Each reacted differently. The carrot went in strong, hard, and unrelenting. However, after being subjected to the boiling water, it softened and became weak. The egg had been fragile. Its thin outer shell had protected its liquid interior, but after sitting through the boiling water, its inside became hardened. The ground coffee beans were unique, however. After they were in the boiling water, they had changed the water. "Which are you?" she asked her daughter. "When adversity knocks on your door, how do you respond? Are you a carrot, an egg, or a coffee bean?"

Think about this:

Which am I? Am I the carrot that seems strong, but with pain and adversity do I wilt and become soft and lose my strength?

Am I the egg that starts with a malleable heart, but changes with the heat? Did I have a fluid spirit, but after a death, a breakup, a financial hardship or some other trial, have I become hardened and stiff? Does my shell look the same, but on the inside am I bitter and tough with a stiff spirit and hardened heart?

Or am I like the coffee bean? The bean actually changes the hot water, the very circumstance that brings the pain. When the water gets hot; it releases the fragrance and flavor. If you are like the bean, when things are at their worst, you get better and change the situation around you. When the hour is the darkest and trials are their greatest do you elevate yourself to another level?

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How do you handle adversity? Are you a carrot, an egg or a coffee bean? The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes along their way. The brightest future will always be based on a forgotten past; you can't go forward in life until you let go of your past failures and heartaches.

May we all be COFFEE!!!!!!

God Lives Under The Bed

I envy Kevin. My brother, Kevin, thinks God lives under his bed. At least that's what I heard him say one night. He was praying out loud in his dark bedroom, and I stopped to listen, 'Are you there, God?' he said. 'Where are you? Oh, I see. Under the bed...' I giggled softly and tiptoed off to my own room. Kevin's unique perspectives are often a source of amusement. But that night something else lingered long after the humor. I realized for the first time the very different world Kevin lives in. He was born 30 years ago, mentally disabled as a result of difficulties during labor. Apart from his size (he's 6-foot-2), there are few ways in which he is an adult. He reasons and communicates with the capabilities of a 7-year-old, and he always will. He will probably always believe that God lives under his bed, that Santa Claus is the one who fills the space under our tree every Christmas and that airplanes stay up in the sky because angels carry them. I remember wondering if Kevin realizes that he is different. Is he ever dissatisfied with his monotonous life? Up before dawn each day, off to work at a workshop for the disabled, home to walk our cocker spaniel, return to eat his favorite macaroni-and-cheese for dinner, and later to bed. The only variation in the entire scheme is laundry, when he hovers excitedly over the washing machine like a mother with her newborn child. He does not seem dissatisfied. He lopes out to the bus every morning at 7:05, eager for a day of simple work. He wrings his hands excitedly while the water boils on the stove before dinner, and he stays up late twice a week to gather our dirty laundry for his next day's laundry chores.

And Saturdays - oh, the bliss of Saturdays! That's the day my Dad takes Kevin to the airport to have a soft drink, watch the planes land, and speculate loudly on the destination of each passenger inside. 'That one's goin' to Chi-car-go!' Kevin shouts as he claps his hands. His anticipation is so great he can hardly sleep on Friday nights. And so goes his world of daily rituals and weekend field trips. He doesn't know what it means to be discontent. His life is simple. He will never know the entanglements of wealth of power, and he does not care what brand of clothing he wears or what kind of food he eats. His needs

have always been met, and he never worries that one day they may not be.

His hands are diligent. Kevin is never so happy as when he is working. When he unloads the dishwasher or vacuums the carpet, his heart is completely in it. He does not shrink from a job when it is begun, and he does not leave a job until it is finished. But when his tasks are done, Kevin knows how to relax. He is not obsessed with his work or the work of others. His heart is pure. He still believes everyone tells the truth, promises must be kept, and when you are wrong, you apologize instead of argue. Free from pride and unconcerned with appearances, Kevin is not afraid to cry when he is hurt, angry or sorry. He is always transparent, always sincere. And he trusts God.

Not confined by intellectual reasoning, when he comes to Christ, he comes as a child. Kevin seems to know God - to really be friends with Him in a way that is difficult for an 'educated' person to grasp. God seems like his closest companion. In my moments of doubt and frustrations with my Christianity, I envy the security Kevin has in his simple faith. It is then that I am most willing to admit that he has some divine knowledge that rises above my mortal questions. It is then I realize that perhaps he is not the one with the handicap. I am. My obligations, my fear, my pride, my circumstances - they all become disabilities when I do not trust them to God's care. Who knows if Kevin comprehends things I can never learn? After all, he has spent his whole life in that kind of innocence, praying after dark and soaking up the goodness and love of God. And one day, when the mysteries of heaven are opened, and we are all amazed at how close God really is to our hearts, I'll realize that God heard the simple prayers of a boy who believed that God lived under his bed.

Kevin won't be surprised at all!

Signs! Signs! Sign!

Signs in a vets office:

No outfit is complete without dog hairs

Unattended children will be given an espresso and a free puppy.

Bumper Sticker Wisdom

If you don't want to stand behind our troops, try standing in front of them.

THE GOOD SAMARITAN

A Sunday school teacher was telling her class the story of the Good Samaritan. She asked the class, 'If you saw a person lying on the roadside, all wounded and bleeding, what would you do?' A thoughtful little girl broke the hushed silence, 'I think I'd throw up.'

LOT 'S WIFE

The Sunday School teacher was describing how Lot 's wife looked back and turned into a pillar of salt, when little Jason interrupted, 'My Mommy looked back once while she was driving,' he announced triumphantly, 'and she turned into a telephone pole!'



I have in my hands two boxes,
Which God gave me to hold.
He said, "Put all your sorrows in the black box,
And all your joys in the gold."

I heeded His words, and in the two boxes,
Both my joys and sorrows I stored,
But though the gold became heavier each day,
The black was as light as before.

With curiosity, I opened the black,
I wanted to find out why,
And I saw, in the base of the box, a hole,
Which my sorrows had fallen out by.

I showed the hole to God, and mused,
"I wonder where my sorrows could be!"
He smiled a gentle smile and said,
"My child, they're all here with me.."

I asked God, why He gave me the boxes,
Why the gold and the black with the hole?
"My child, the gold is for you to count your blessings,
The black is for you to let go."

25 WAYS TO BE HEALTHIER

- 1.) Brush twice a day!
- 2.) Dress right for the weather.
- 3.) Visit the dentist regularly.
- 4.) Get plenty of rest.
- 5.) Make sure your hair is dry before going outside.
- 6.) Eat right and drink plenty of water.
- 7.) Get outside in the sun every once in a while.
- 8.) Always wear a seatbelt.
- 9.) Control your drinking of alcoholic beverages.
- 10.) Smile! It will make you feel better.
- 11.) Don't over indulge yourself.
- 12.) Bathe regularly.
- 13.) Read to exercise the brain.
- 14.) Surround yourself with friends.
- 15.) Stay away from too much caffeine.
- 16.) Get plenty of exercise.
- 17.) Have your eyes checked regularly.
- 18.) Eat plenty of vegetables.
- 19.) Believe that people will like you for who you are.
- 20.) Forgive and forget.
- 21.) Take plenty of vacations.
- 22.) Celebrate all special occasions.
- 23.) Pick up a hobby.
- 24.) Love your neighbor as yourself.
- 25) Pray every day.

Have a nice day !!!!!!!

Forgiveness

Forgiveness is not an occasional act. It is a permanent attitude. -Martin Luther King

If we practice an eye for an eye and a tooth for a tooth, soon the whole world will be blind and toothless. -Mahatma Gandhi

Forgiveness does not change the past, but it does enlarge the future. -Paul Boese

Matthew 18:21-22

Then Peter went up to him and said, "Lord, how often must I forgive my brother if he wrongs me? As often as seven times? Jesus answered, "Not seven, I tell you, but seventy seven times."

I've Learned

'I've learned that no matter what happens, or how bad it seems today, life does go on, and it will be better tomorrow.'

'I've learned that you can tell a lot about a person by the way he/she handles these three things: a rainy day, lost luggage, and tangled Christmas tree lights.'

'I've learned that regardless of your relationship with your parents, you'll miss them when they're gone from your life.'

'I've learned that making a 'living' is not the same thing as making a life.'

'I've learned that life sometimes gives you a second chance.'

'I've learned that you shouldn't go through life with a catcher's mitt on both hands; you need to be able to throw some things back...'

'I've learned that whenever I decide something with an open heart, I usually make the right decision.'

'I've learned that even when I have pains, I don't have to be one.'

'I've learned that every day you should reach out and touch someone. People love a warm hug, or just a friendly pat on the back....'

'I've learned that I still have a lot to learn.'

'I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.'

These words are accredited to Maya Angelo

Two Horses

Two horses were grazing in a field. From a distance, each horse looks like any other horse. But one horse was blind. His owner has chosen not to have him put down, but made a good home for him. This alone is amazing.

Every now and then, a bell sounded Attached to the horse's halter was a small bell. It let the blind friend know where the other horse was, so he could follow. The horse with the bell always checked on the blind horse, and the blind horse listened for the bell and then slowly walked to where the other horse was, trusting that he will not be led astray. When the horse with the bell returned to the shelter of the barn each evening, it stooped occasionally and looked back, making sure that the blind friend wasn't too far behind to hear the bell.

Like the owners of these two horses, God does not throw us away just because we are not perfect or because we have problems or challenges. He watches over us and even brings others into our lives to help us when we are in need. Sometimes we are the blind horse being guided by the little ringing bell of those who God places in our lives. Other times we are the guide horse, helping others to find their way....

Good friends are like that... you may not always see them, but you know they are always there.

Stay!

I pulled into the crowded parking lot at the Local shopping center and rolled Down the car windows to make sure my Labrador Retriever pup had fresh air. She was stretched full out on the back seat and I wanted to impress upon her that she must remain there. I walked to the curb backward, pointing my finger at the car and saying emphatically, "Now you stay. Do you hear me?" "Stay! Stay!" The driver of a nearby car, a pretty young lady, Gave me a strange look and said "Why don't you just put it in Park?"

Firstbaptistbrampton.org

Have you checked out our website lately? It has gone through some major changes over the summer. It is still a work in progress. So please drop by now and then.

Editor's Note

It's been awhile. I hadn't realized how long it had been until I looked at my files. As Marilyn said, "Where did the summer go?" Time seems to go faster every day. Some would attribute that to the fact that I'm over twenty-one. Apparently time goes faster as one gets older. Anyway I hope you enjoy the newsletter. Thanks for the submissions and support.

May God Bless You!!
Christine Heathers